

ICS 67.060
CCS X 60

T/CNLC 0**-20**

GI

General technical for low glyce mic i ndex (GI) food

2023-XX-XX

2023-XX-XX

XXX
XXX

GI

1

GI

19

2

GB 5009.6

GB 5009.88

GB 5009.91

GB 7718

GB 14881

GB 28050

WS/T 652

3

3.1

available carbohydrate; AC

[WS/T 652-2019 2.1]

3.2

glycemic index GI

50 g

2 h

GI

100

GI

55%

55

[WS/T 652-2019 2.4 7.1]

3.3

low GI food

GI

4

4.1 GI

7.5 g

50%

		/100 g 100 mL	/100 g 100 mL	/100 g 100 mL
		—	—	—
		10 g	500 mg	3 g
		20 g	400 mg	3 g
		20 g	300 mg	3 g
		5 g	—	—
		10 g	400 mg	3 g
		12 g	500 mg	—
		10 g	350 mg	3 g
		—	—	—
		—	—	—
		4 g	—	—
		14 g	600 mg	—

c

		5 g	—	—
				—
		3 g	120 mg	—
		10 g		3 g
				—
		3 g	120 mg	—
		—	120 mg	3 g
d				—
e				—
	c	10 g	600 mg	—
		5 g	350 mg	

GI	WS/T 652		WS/T 652		GI
	GI 55	GI	2 3		I AUC
	CV 30%			GI	± 2

5.2

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